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ABSTRACT

Student affairs professionals are increasingly called upon to help college students overcome academic difficulties in order to successfully earn their degrees. This book presents a comprehensive resource of theories and specific techniques that can be used to enhance college student success. A model for change is described that includes both a holistic assessment of academic difficulty and suggestions for three different levels of intervention based on the student's readiness and motivation for change. Specific testing and interviewing strategies are discussed to help counselors determine the causes of academic difficulty. Special attention is given throughout the book to concerns that arise when working with students with disability conditions such as attention deficit disorder or learning disabilities. Chapter 1 reiterates education's mandate to assist students with academic difficulties or disabilities. Chapter 2 describes a model for intervening with these students. Chapter 3 summarizes relevant academic and nonacademic factors that can affect student performance. Chapter 4 presents student motivation from a theoretical perspective. Chapters 5 through 9 are written to stand independently thus allowing professionals to refer to them for specific student concerns, such as motivation; time management; procrastination; study skills; and academic anxiety. Chapter 10 presents concluding thoughts about working with students. (Contains 16 figures and 143 references.) (JDM)

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